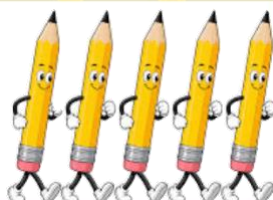


**Monday**

**3**
**Tuesday**

**4**
**Wednesday**

**5**
**Thursday**

**6**
**Friday**

**7**

**10**

**11**

**12**

WG Muffin 30g  
 Cheez-it 14g  
 Fresh Fruit 25g

Pop-Tart 36g  
 Graham Cracker 11g  
 Fresh Fruit 25g

**13**

WG Waffles 30g  
 Applesauce 17g  
 Fruit Juice 20g

**14**

WG Cereal 30g  
 Graham Cracker 11g  
 Fresh Fruit 25g

**17**

Donut 23g  
 Applesauce 17g  
 Fruit Juice 20g

**18**

WG Muffin 30g  
 Cheez-it 14g  
 Fresh Fruit 25g

**19**

WG Cereal Bar 30g  
 Graham Cracker 11g  
 Fresh Fruit 25g

**20**

WG Pancakes 30g  
 Go-Gurt 8g  
 Applesauce 17g  
 Fruit Juice 20g

**21**

WG Cereal 30g  
 Graham Cracker 11g  
 Fresh Fruit 25g

**24**

Donut 23g  
 Applesauce 17g  
 Fruit Juice 20g

**25**

WG Muffin 30g  
 Cheez-it 14g  
 Fresh Fruit 25g

**26**

Pop-Tart 36g  
 Graham Cracker 11g  
 Fresh Fruit 25g

**27**

WG Waffles 30g  
 Applesauce 17g  
 Fruit Juice 20g

**28**

WG Cereal 30g  
 Graham Cracker 11g  
 Fresh Fruit 25g

**31**

Carb grams indicated in **ORANGE**. **HALAL OPTIONS OFFERED**

Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g

USDA is an equal opportunity provider, employer, and lender.

Menu is subject to change based on food availability or unforeseen school closures.

Fig's Café & Catering Services  
 Contact: Melissa Bryant 614.747.0196